Mistake #2 Assuming "and" = "和(hé)"

English speakers often assume that the Chinese word "和 (hé)" is equivalent to the English word "and". This assumption is wrong.

The English word "and" can connect words (e.g. I like apple and oranges), phrases (e.g. I like playing soccer and watching movies) and sentences (I am John and I am American). However, the Chinese word "和 (hé)" can only connect words or phrases. It CANNOT connect sentences.

For example, it's wrong to say "I am John hé I am Amerian". "hé" cannot be used to connect these two sentences "I am John" and "I am American".

Now you are probably wondering, which word should I use when I want to say "I am John AND I am American."

There are two ways to do this:

First, it's okay if you ONLY say "I am John. PERIOD. I am American." Simply don't insert any word in between the two sentences. That's how most Chinese would say it: We just omit the word "and". If you think about it, it's actually a bad habit in English to use "and" all the time because "and" is merely a filler word here that contributes almost nothing to the meaning of the sentence.

Second, if you feel compelled to use the word "and", use the Chinese word "还有 (hái yǒu)" instead. "hái yǒu" means "in addition, also". Again, it's really unnecessary. If you have to find a word to say "sentence + and + sentence", use "hái yǒu" instead of "hé".

English	Pinyin	Chinese
I can speak English and	wŏ huì shuō yīng wén hé zhōng	我会说英文和中文。
Chinese.	wén 。	我會說英文和中文。
I like reading books and	wŏ xǐ huān kàn shū hé kàn diàn	我喜欢看书和看电影。
watching movies.	yǐng 。	我喜歡看書和看電影。
	wŏ shì John。wŏ shì měi guó	我是John。 我是美国人。
	rén 。	我是John。 我是美國人。
I am John and I am American.		
	wǒ shì John。hái yǒu, wǒ shì měi	我是John, 还有, 我是美国人。
	guó rén 。	我是John, 還有, 我是美國人。